

Worksheet 5: Graduate student professional development plan

Adapted from Nyquist & Wulff (1996), p. 109

Use this worksheet to start thinking about professional development goals and create a framework within which to talk about those goals with your mentor. Jot down your goals in the left hand column. Then, in conversations with your mentor, identify strategies for achieving those goals, the means by which you will assess progress toward goals, how you and your mentor will follow up on your progress and the ultimate outcomes you hope to achieve.

	Goal	Strategies	Assessment	Follow Up	Outcomes
1					
2					
3					
4					
5					
6					